

TEENS SHOULD KNOW BEFORE CONFIRMATION

The Our Father

Our Father,
Who art in heaven,
Hallowed be Thy Name.
Thy Kingdom come.
Thy Will be done, on earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

The Hail Mary

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of death. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into Hell; the third day He rose again from the dead;
He ascended into Heaven, and sits at the right hand of God, the Father almighty;
from there He shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body and life everlasting.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now,
and ever shall be,
world without end.
Amen.

The Sacraments

Baptism
Eucharist
Matrimony
Reconciliation
Confirmation
Holy Orders
Anointing of the Sick

Act of Contrition

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance, to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In His Name, my God, have mercy.
Amen.

St. Michael Prayer

St. Michael the Archangel,
defend us in battle.
Be our defense against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray,
and do thou,
O Prince of the heavenly hosts,
by the power of God,
cast into hell Satan,
and all the evil spirits,
who prowl about the world
seeking the ruin of souls. Amen.

Ten Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven.
Blessed are the meek, for they shall possess the earth.
Blessed are they who mourn, for they shall be comforted.
Blessed are they who hunger and thirst for justice, for they shall be satisfied.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the peacemakers, for they shall be called children of God.
Blessed are those who suffer persecution for justice's sake, for theirs is the kingdom of heaven.

Precepts of the Church

To attend Mass on all Sunday and Holy Days of obligation
To fast and abstain on the days appointed
To confess our sins at least once a year
To receive Eucharist during Easter-time
To contribute to the support of the church
To observe the laws of the Church concerning marriage
To contribute to the missionary efforts of the Church

Holy Days of Obligation in the Archdiocese of Atlanta

Every Sunday
1 January: Solemnity of Mary, Mother of God
15 August: Assumption of the Virgin Mary
1 November: All Saints
8 December: Immaculate Conception
25 December: Nativity of our Lord Jesus Christ

Corporal Works of Mercy

To feed the hungry
To give drink to the thirsty
To clothe the naked
To visit the imprisoned
To shelter the homeless
To care for the sick
To bury the dead

The Gifts of the Holy Spirit

Wisdom
Understanding
Counsel
Fortitude
Knowledge
Piety
Fear/Awe of the Lord

Regarding your Saint, please know

Your Confirmation saint full name
His/her feast day
What they are patron of
Why you chose him/her
Also, who your sponsor is
And, why you chose him/her

Liturgical Seasons and colors

Ordinary Time – Green
Triduum – Red
Easter – White
Advent – Purple
Lent – Purple
Christmas – White

Spiritual Works of Mercy

To correct the sinner
To teach the ignorant
To counsel the doubtful
To comfort the sorrowful
To bear wrongs patiently
To forgive all injuries
To pray for the living and the dead

The Fruits of the Spirit

Charity
Joy
Peace
Patience
Kindness
Goodness
Generosity
Faithfulness
Gentleness
Chastity
Modesty
Self-Control